### FORM NO. MGT-7A

Form language

[Pursuant to sub-section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014]



## **Abridged Annual Return for OPCs and Small Companies**

Corporate Identification Number (C	CIN) of the company	U31909	9PN2019PTC183570	Pre-fill
Global Location Number (GLN) of	the company			
Permanent Account Number (PAN	I) of the company	AAHCT	2829G	
(a) Name of the company		TRISHA	LA INSULATION PRIVAT	
(b) Registered office address				
SR. No 412/2, PLOT NO 10,JC.SATISI BEHIND MAX NEURO HOSPITAL,DA PUNE Pune Maharashtra			<b>E</b>	
(c) *email-ID of the company		trishala	nipl@gmail.com	
(d) *Telephone number with STD c	ode	942203	30161	
(e) Website		www.tı	rishala.co.in	
) Date of Incorporation		16/04/	2019	
Type of the Company	Category of the Company		Sub-category of the C	ompany
Private Company Company limited by share		ares	Indian Non-Gover	nment company

○ OPC

Small Company

(vii) *Fina	ncial year Fro	om 01/04/2022		(DD/MM/YY	YY) To 31	/03/2023	(DD/MM/	YYYY)
(viii) *Whe	ether Annual	General Meetin	g (AGM) held (i	not applicable i	 n case of OF	PC)		
, ,			, , ,	$\circ$	Yes (	No		
(a) If	f yes, date of <i>i</i>	AGM [						
(b) D	Oue date of A	GM [	30/09/2023					
(c) V	Vhether any e	xtension for AG	M granted		○ Yes	○ No		
II. PRIN	CIPAL BUS	SINESS ACT	IVITIES OF	THE COMP	ANY			
*N	umber of bus	iness activities	1					
S.No	Main Activity group code	Description of N	Main Activity gr	oup Business Activity Code	Descriptio	n of Business A	ctivity	% of turnover of the company
1	С	Manu	facturing	C13		nufacturing inclu struments, medic		100
*No. of Co	-	which informa	CIN / F			e-fill All  // Joint venture	% of sh	nares held
1								
IV. SHA	RE CAPITA	AL, DEBENT	URES AND	OTHER SEC	URITIES	OF THE COM	IPANY	
i) *SHAF	RE CAPITA							
. ,	y share capita							
	Particula	rs	Authorised capital	lssued capita		ubscribed F	Paid Up capital	
Total nur	mber of equity	shares	250,000	250,000	250,0	000 2	50,000	
Total am	ount of equity	shares (in	2,500,000	2,500,000	2,500	,000 2	,500,000	
Number	of classes			1				
	Clas	s of Shares		Authorised	Issued	Subscr	ibed	I I In a second de
Equity sh	nares			capital	capital	capital	Paid	d Up capital

250,000

250,000

250,000

Number of equity shares

250,000

Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	2,500,000	2,500,000	2,500,000	2,500,000

### (b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid Up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes	

	Λ	ICabilai	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)	0	0		

### (c) Unclassified share capital (not applicable for OPC)

Particulars	Authorised Capital
Total amount of unclassified shares	0

### (d) Break-up of paid-up share capital (not applicable for OPC)

Class of shares	Number of shares	Total nominal Amount	Total Paid-up amount	Total premium
Equity shares				
At the beginning of the year	250,000	2,500,000	2,500,000	
Increase during the year	0	0	0	0
i. Pubic Issues	0	0	0	0
ii. Rights issue	0	0	0	0
iii. Bonus issue	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0
v. ESOPs	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0
vii. Conversion of Preference share	0	0	0	0

	1	1		
viii. Conversion of Debentures	0	0	0	0
ix. GDRs/ADRs	0	0	0	0
x. Others, specify				
Downson during the coope				
Decrease during the year	0	0	0	0
i. Buy-back of shares	0	0	0	0
ii. Shares forfeited	0	0	0	0
iii. Reduction of share capital	0	0	0	0
iv. Others, specify	1			
At the end of the year	250,000	2,500,000	2,500,000	
Preference shares				
At the beginning of the year	0	0	0	
Increase during the year	0	0	0	0
i. Issues of shares	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0
iii. Others, specify	]			
Decrease during the year	0	0	0	0
	0	0	0	0
i. Redemption of shares	0	0	0	0
ii. Shares forfeited	0	0	0	0
iii. Reduction of share capital	0	0	0	0
iv. Others, specify				
At the end of the year	0	0	0	

Class of	shares		(i)			(ii)		(iii)	
	Number of shares								
Before split /	Number of shares								
Consolidation	Face value per share								
After split /	Number of shares								
Consolidation	Face value per share								
(ii) Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) * (not applicable for OPC)  ☑ Nil  [Details being provided in a CD/Digital Media]									
[Details being prov	ided iii a CD/Digitai iviet	uaj		O	Yes	○ N	O	Not applica	bie
Separate sheet atta	ached for details of trans	sfers		0	Yes	○ N	0		
Note: In case list of trans Media may be shown.	fer exceeds 10, option fo	or submi	ission a	s a separa	ite sheet	attachm	ent or s	submission in a C	D/Digital
Date of Previous AG	М								
Date of Registration	of Transfer								
Type of Transfe	er	1 - E	quity, 2	2- Prefere	ence Sha	ares,3 -	Deber	ntures, 4 - Stock	(
Number of Shares/ Dunits Transferred	Debentures/	·		Amount debentu					
Ledger Folio of Tran	sferor								
Transferor's Name									
	Surname			Middle	name			First name	
Ledger Folio of Tran	sferee								
Transferee's Name									
	Surname			middle	name			first name	

Date of Registration of	of Transfer					
Type of Transfe	of Transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock					
Number of Shares/ D Units Transferred	ebentures/			Amount per Share/ debenture/unit (in Rs.)		
Ledger Folio of Trans	sferor					
Transferor's Name						
	Surn	ame		Middle name	First name	
Ledger Folio of Trans	sferee					
Transferee's Name						
	Surn	ame		middle name	first name	

### (iii) \*Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

#### **Details of debentures**

Class of Debentures	Outstanding as at the beginning of the year	_	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

### (iv) Securities (other than shares and debentures) (not applicable for OPC)

					Total Paid up Value
Securities	Securities	each Unit	Value	each Unit	
Total					

### V. \*Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

22,442,160

(ii) Net worth of the Company

2,812,270

### VI. (a) \*SHARE HOLDING PATTERN - Promoters (not applicable for OPC)

S. No.	Category	Equity	Preference

		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	250,000	100	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Tota	250,000	100		0

Total number of shareholders (promote	rs)
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	5			
ı				

### (b) \*SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	Equity		ence
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	0	0	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	

2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	0	0	0	0

Total number of shareholders (other than promoters)	0
Total number of shareholders (Promoters+Public/ Other than promoters)	5

#### VII. \*NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS

Details	At the beginning of the year	At the end of the year
Promoters	5	5
Members (other than promoters)	0	0
Debenture holders	0	0

# VIII. \*MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

_	145145550/01 400	· /DEG! !!Q!T!Q!!ED/Q!	DATE TO STREET OF THE STREET	14EETINGO / /
Α.	. MEMBERS/CLASS	3/REQUISITIONED/CI	B/NCLI/COURT CONVENED	MEETINGS (not applicable for OPC

Number of meetings held	1
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Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance		
		•		% of total shareholding	
ANNUAL GENERAL MEETI	04/08/2022	5	5	100	

### B. BOARD MEETINGS (not applicable for OPC)

\*Number of meetings held 6

S. No.	Date of meeting	Total Number of directors as on the date of meeting			
			Number of directors attended	% of attendance	
1	25/04/2022	5	5	100	
2	17/05/2022	5	5	100	
3	18/05/2022	5	5	100	
4	04/07/2022	5	4	80	
5	20/10/2022	5	5	100	
6	11/02/2023	5	4	80	

### C. \*ATTENDANCE OF DIRECTORS (not applicable for OPC)

			Board Meetings		Committee Meetings			Whether	
S. DIN	DIN	Name	Meetings	Number of Meetings	% of	Meetings	Number of Meetings	% of	attended AGM held on
		director was entitled to attend	attended	attendance	director was entitled to attend	rector attended as attended to	attendance	(Y/N/NA)	
1	08423976	TRISHALA VIVEK AGA	6	6	100	0	0	0	
2	08423977	SONALI RISHI AGARV	6	6	100	0	0	0	
3	08533942	POONAM SHIVKUMAF	6	4	66.67	0	0	0	
4	08533959	POOJA VIVEK AGARV	6	6	100	0	0	0	
5	08613195	RAJANI RAJENDRA K	6	6	100	0	0	0	
6									
7									
8									

		Τ					
0							
1							
2							
3							
4							
5							
	IUNERATION OF DIF  Nil  er of Managing Director,		tors and/or Manage	er whose remunera	ation details to be e	entered	
S. No.	Name	Designation	Gross salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						
. Numbe	er of other directors who	se remuneration o	I letails to be entered	d		5	
S. No.	Name	Designation	Gross salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	TRISHALA VIVEK A	Director	720,000	0	0	0	720,000
2	SONALI RISHI AGA	Director	420,000	0	0	0	420,000
3	POONAM SHIVKUN	Director	420,000	0	0	0	420,000
4	POOJA VIVEK AGA	Director	420,000	0	0	0	420,000
5	RAJANI RAJENDR/	Director	720,000	0	0	0	720,000
	Total		2,700,000	0	0	0	2,700,000
A. *Wh pro	ether the company has visions of the Companie	made compliance es Act, 2013 durinç	s and disclosures i			○ No	

XI. PENALTY AND PUNISHMENT - DETAILS THEREOF

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CC	MPOUNDING OF O	FFENCES N	il		
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in rupees)
ct during the financia c) The company has received a first return ecurities of the compant d) Where the annual received.	I year.  not, since the date of the since the date of the date.  any.  eturn discloses the fithe excess consists	the closure of the last ne incorporation of the act that the number of wholly of persons wh	st financial year with re e company, issued any of members, (except in no under second provis	ference to which the I invitation to the publicase of a one person	ith applicable provisions of the ast return was submitted or in c to subscribe for any company), of the company section (68) of section 2 of
		Decla	aration		
I am authorised by th		-	00		
in respect of the subj	ect matter of this forr	n and matters incide	ntal thereto have been	complied with. I furthe	
<ol> <li>Whatever is the subject r</li> </ol>	stated in this form a natter of this form ha	nd in the attachments is been suppressed o	s thereto is true, correc or concealed and is as	t and complete and no per the original record	o information material to is maintained by the company.
2. All the required attachments have been completely and legibly attached to this form.					
Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.					
To be digitally sign	ned by				
Director					
DIN of the director	084	423976			

Attachments		List of attachments
1. List of share holders, debenture holders;	Attach	
2. Approval letter for extension of AGM;	Attach	
3. List of Directors;	Attach	
4. Optional Attachment(s), if any;	Attach	
		Remove Attachment
Modify Check Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the registrar of companies through electronic mode and on the basis of statement of correctness given by the company

Auto-approved By	